



ORGANIX™

The Organix™ Acids test allows us to measure the organic acids formed in various tissues or by intestinal microbes as metabolic metabolites or end products. Metabolism is the process in which your body converts the food you eat into energy and new structures. Accumulations of organic acids in urine can indicate metabolic dysfunction, nutrient insufficiencies or even microbial overgrowth. Abnormal levels of organic acids can be traced to inherited or acquired enzyme deficiencies, a build-up of toxicants, specific nutrient deficiencies, or drug effects. Every cell is affected when a metabolic pathway is interrupted.

Clinical expression is unique to every patient, determined by genetic tendencies, nutrient insufficiencies, medical history and recent toxin exposure. Effective primary intervention focuses on correcting problems at this metabolic level.

A single urine sample can assess

- Fatty acid metabolism
- Carbohydrate metabolism
- Energy production
- B-complex sufficiency
- Methylation co-factors
- Neurotransmitter metabolism
- Oxidative damage
- Detoxification status
- Intestinal dysbiosis including candida and yeast
- Inflammatory reactions

Who can benefit from this test?

Everyone can benefit, particularly those with:

- History of cardiovascular disease
- Depression and anxiety
- Obesity
- Chronic fatigue
- History of cancer
- Chronic pain and inflammation
- Digestive problems
- Professional athletes
- High stress levels
- Frequent travellers
- Poor detoxification
- Skin disorders

How does the test work?

This test requires a first morning urine sample, which is then frozen and sent to the laboratory.

Nationwide Test Kit Service

Most of the tests involve simple kits that can be used in your own home. Some may require the help of a nurse or GP. If you cannot visit the laboratory you can phone and arrange your kit to be sent in the post. Once samples have been taken you simply post the test kit back to the laboratory. We would encourage you to use guaranteed delivery and not to send kits over the weekend

